

Destined Daughters

Companion Journal No. 1

FOUNDATIONS

Growing in Grace

"But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ."

2 Peter 3:18 (KJV)

Name: _____

Date Started: _____

Date Completed: _____

A Letter from Abigail

Hello, sweet sister!

I am so happy you are here. This month we will discover what purity really is, what prayer is, what salvation means, and what it means to faithfully steward God's temple.

My prayer is that this companion journal helps you slow down, open your Bible, think about what you are learning, and spend time with Jesus. You do not need perfect answers. Simply seek the Lord, write what He teaches you, and enjoy growing in Him.

One day, I hope you will look back on these pages and remember His faithfulness in your life.

With love,
Abigail

Week 1 - The Purity Project

What Is Purity, Really?

Date: _____

1. What does purity mean according to God's Word?

2. What Scriptures stood out to you most from the episode?

3. How can you guard your heart this week?

Week 1 - The Purity Project

What Is Purity, Really?

4. What is one area where you want Jesus to help you grow in purity?

5. Write a short prayer asking God to help you pursue purity.

One thing I want to remember from this lesson:

Week 1 - Journal Page

Date: _____

My time with Jesus today:

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Week 2 - Abigail's Prayer Corner

What Is Prayer?

Date: _____

1. What did you learn about prayer?

2. Why is prayer important in your relationship with Jesus?

3. What is one thing you want to pray about this week?

Week 2 - Abigail's Prayer Corner

What Is Prayer?

4. How can you make prayer part of your daily life?

5. Write a short prayer asking the Lord to help you grow in prayer.

One thing I want to remember from this lesson:

Week 2 - Journal Page

Date:

My time with Jesus today:

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Week 3 - Abide

What Is Salvation?

Date: _____

1. What is salvation?

2. Why did Jesus come?

3. What truth from the lesson encouraged you the most?

Week 3 - Abide

What Is Salvation?

4. What does the Bible teach us about responding to the gospel?

5. Write a short prayer thanking Jesus for His saving work.

One thing I want to remember from this lesson:

Week 3 - Journal Page

Date:

My time with Jesus today:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Week 4 - Flourish

What Does It Mean to Steward God's Temple?

Date: _____

1. What does it mean to steward God's temple?

2. How can caring for your body honor God?

3. What healthy habit will you practice this week?

Week 4 - Flourish

What Does It Mean to Steward God's Temple?

4. What did this lesson teach you about faithful stewardship?

5. Write a short prayer asking God to help you be a faithful steward.

One thing I want to remember from this lesson:

Week 4 - Journal Page

Date:

My time with Jesus today:

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