



Yom Teruah and Yom Kippur 2026
September 11, 2026-September 21, 2026
09/11/26-09/19/26 Liquid Fasting from 6 am-6 pm
09/20/26-09/21/26- Liquid Fasting for 36 hours
09/20 @ 6am-09/21 @ 6 pm

Water, juice, broth, tea, smoothies, protein shakes, are allowed. These can be plant based or animal based, these can include milk and sweeteners. You can have as much as you need. You can also dry fast if you'd prefer. If you cannot drink it, if it can not flow through a straw, it is not allowed. Liquids only! No soups, smoothie bowls, coffee, soda, milkshakes, etc. The list of allowed liquids is exhaustive, nothing else can be added to it.

Each day eat whatever you'd like before and after the fasting window.
If you can, have a special meal to close out the fast after 6 pm on 09/21 as we look forward to the great feast, the Marriage Supper of the Lamb after the mercies and atoning work of Jesus Christ upon his people! Even take communion, if you feel so led.

Grace and Peace to you in the name of our Lord and Savior Jesus Christ!

What a privilege it is to observe the times and seasons established by our glorious Yah!
I pray this time of fasting, prayer, repentance, and hope is a blessing for you and your family.
May the God of all grace be with you, strenghten you, and keep you, in the mighty and holy name of Jesus.

I am thrilled to spend this time with you. God has been faithful to us and we thank Him for His times and seasons. We do not observe these times and seasons to be saved or righteous. Our salvation and righteousness comes through Christ alone. The glorious understanding we have is these times and seasons are all about Christ. They direct us to Him and are all about Him. They are not for the world but for God's people. They contain no idols, no paganism, or roots in the occult. These times and seasons have been ordained by God to glorify Jesus forever!
How exciting!!

If you have chosen to join me on this journey, I am thrilled to do this with you. If you have chosen not to join me on this journey, I am thrilled that you have you as a sibling in the Lord.

For in-depth biblical teachings about Biblical Holy Days, listen to messages 42-45 on Prophetic Forecast Radio.

God bless you all.



Isaiah 63 LSB

Vengeance of Yahweh

Who is this who comes from Edom,
With garments of [†]glowing colors from Bozrah,
This One who is majestic in His clothing,
Marching in the greatness of His power?
“It is I who speak in righteousness, mighty to save.”

Why is Your clothing red,
And Your garments like the one who treads in the wine press?

“I have trodden the wine trough alone,
And from the peoples there was no man with Me.
I also trod them in My anger
And trampled them in My wrath;
And their lifeblood is sprinkled on My garments,
And I stained all My clothes.

For the day of vengeance was in My heart,
And My year of redemption has come.

I looked, and there was no one to help,
And I was astonished, and there was no one to uphold;
So My own arm brought salvation to Me,
And My wrath upheld Me.

I trod down the peoples in My anger
And made them drunk in My wrath,
And I brought down their lifeblood to the earth.”



Remember the Lovingkindness of Yahweh

**I shall bring to remembrance the lovingkindnesses of Yahweh, the praises of Yahweh,
According to all the ways that Yahweh has dealt bountifully with us,
And the abundant goodness toward the house of Israel,
Which He has dealt bountifully to them according to His compassion
And according to the abundance of His lovingkindnesses.**

**And He said, "Surely, they are My people,
Sons who will not deal falsely."
So He became their Savior.**

**In all their distress He was distressed,
And the angel of His presence saved them;
In His love and in His mercy He redeemed them,
And He lifted them and carried them all the ancient days.**

**But they rebelled
And grieved His Holy Spirit;
Therefore He turned Himself to become their enemy;
He fought against them.**

**Then His people remembered the ancient days, of Moses.
Where is He who brought them up out of the sea with the shepherds of His flock?
Where is He who put His Holy Spirit in the midst of them,**

**Who caused His glorious arm to go at the right hand of Moses,
Who split the waters before them to make for Himself an everlasting name,**

**Who led them through the depths?
Like the horse in the wilderness, they did not stumble;**

**As the cattle which go down into the valley,
The Spirit of Yahweh gave them rest.
So You led Your people,
To make for Yourself a glorious name.**



Prayer for Mercy and Help

Look down from heaven and see from Your holy and glorious habitation;
Where are Your zeal and Your mighty deeds?
The tumults within You and Your compassion are restrained toward me.

For You are our Father, though Abraham does not know us
And Israel does not recognize us.
You, O Yahweh, are our Father,
Our Redeemer from everlasting is Your name.

Why, O Yahweh, do You cause us to stray from Your ways
And stiffen our heart from fearing You?
Return for the sake of Your slaves, the tribes of Your inheritance.

Your holy people possessed Your sanctuary for a little while;
Our adversaries have trodden it down.

We have become like those over whom You have never ruled,
Like those who were not called by Your name.



The prophet Isaiah heard the heart of the Lord and relayed His heart to God's people. Yahweh gives Isaiah a vision of Himself marching majestically in a glowing red garment. Isaiah asks Yahweh, "Why are your garments red? Why do your garments look like you've been in the wine press treading out wine?" The Lord responds to Him that His garments became red because of the blood of everyone who is trodden down in His wrath.

Verse 10 says:

"But they rebelled and grieved His Holy Spirit. Therefore He turned Himself to become their enemy; He fought against them."

No one shared the indignation of the Lord concerning the sins of the people. Yahweh looks for someone to help Him, and sees that no one is with Him. So He says, "I was astonished, and there was no one to uphold; So My own arm brought salvation to Me, And My wrath upheld Me."

When the sins of the land are great, and there is no true repentance or outcry for righteousness among the people of God; God Himself responds. When we choose to remain silent about sin, God chooses to speak. When this no one to uphold the righteous judgements of God, God will judge the people and uphold His truths.

Yom Teruah and Yom Kippur are holy times and seasons established by God Himself. He established these seasons to point to the work of Jesus Christ. He also ordained these holy days as seasons of repentance, cries for mercy, and hope in His salvation. Each day we will read a chapter of scripture and pray in repentance for ourselves and for the nations and governments of the world.

For the duration of the fast, pray the following prayer points over yourself, your family, your nation, and anyone else the Lord brings to mind. This is not only a time for us to seek the Lord for what we need, this is also a time for intercession.

(Introductory prayer)

Father in the name of Jesus,

We come to you with thanksgiving, humility, and confidence in your lovingkindness. We hope in your tender mercies in love. We thank you for your grace, and the good plans you have for us. We repent for our sins in the name of Jesus (spend some time here, allowing the Lord to show you areas of sin in your life. These are things you may know about or things you may have overlooked or haven't noticed. As the Lord brings things to mind, repent for them.). Father, teach us your ways and teach me the right way to live, love, and serve in the name of Jesus. Give me clear understanding of how you view me, who you created me to be, and my identity according to your design for my life.



Day 1: Isaiah 59

Prayer Points:

- Let there be a call for righteousness among your people.
- Let (your nation) turn from the shedding of innocent blood.
 - Let justice be returned to your nation.
- Let cries of mourning be turned into cries of godly joy and peace.
 - Let those who deny you, turn to you in repentance.
- Let your saints be armored against evil, ready for battle, just as you are oh Lord!
 - Let the fear of your name return to the nations.
 - Let your glory rise upon the nations.
- Come in like a rushing stream of righteousness washing away all evil from our lives and nations.
- Let your Word be in my mouth and in the mouths of all my offspring, from generation to generation.

Day 2: Isaiah 64

Prayer Points:

- Lord shake this earth with your presence.
- May your name be like fire against your adversaries and against all evil in the nations.
 - Wash us from unrighteousness, sin, and uncleanness.
 - Cause us to turn back from our iniquities.
 - Give us a heart to call upon your name.
- We are the clay, you are the Potter; shape us, mold us, and conform us to your image.
 - Have mercy upon us and restore us in the name of Jesus.



Day 3: Habakkuk 2

Prayer Points:

- We thank you that you will respond to our heart's cry.
- We thank you for the fulfillment of your Word.
- Help us to live by faith, putting total confidence in you and not ourselves.
- Destroy every enemy who has oppressed us.
- Let your woes be upon all the greedy nations and all the nations that have been established upon bloodshed.
- Let the earth be filled with the knowledge of your glory.
- Wash us from manipulation and deceit.
- Enable us to deal kindly and honestly with our neighbors.
- Show us the idols in our lives and help us to renounce them.
- Let us return to reverence and respect for your name and holiness.

Day 4: Habakkuk 3

Prayer Points:

- In rage, oh Lord, remember compassion.
- You are glorious, powerful, mighty, and worthy of praise.
- You send plagues and pestilences, just one look from you destroys the nations.
- All of creation acknowledges you, even the sun and moon hide from you and your power.
- You will trample the nations.
- You will defend and save your anointed.
- We know that you will send vengeance upon the nations.
- In rage, oh Lord, remember compassion.
- In drought and in famine we will trust in and hope in you.
- You are your strength and the source of our uprising, growth, and stability.
- In the midst of the evil around us, we hope in your mercy and salvation.



Day 5: Jeremiah 23

Prayer Points:

- Let your judgements be upon all false shepherds.**
- Let your judgements be upon all false prophets.**
- Through your judgements, teach us your ways and truth.**
- In your righteousness, expose the evil of those who lead your people astray.**
- We thank you for Jesus- Yahweh our Righteousness.**
- We thank you for true shepherds.**
- We thank you for the gathering of your remnant.**
- We thank you for establishing us in the territories you've ordained for us.**
- We thank you for the work you've sent us to do in this earth.**
- Lord we pray that your church and the nations would turn to your righteousness.**
- We pray for your mercy.**

From days 6-11, read each passage of scripture and spend time in the presence of the Lord. Listen to the heart of God and pray for yourself, your family, your nation, and anyone else the Lord places upon your heart. By doing this, you are creating your own Spirit led prayer points based upon scripture.

Day 6: Lamentations 4

Day 7: Matthew 24

Day 8: Revelation 9

Day 9: Revelation 6

Day 10: Haggai 2

Day 11: Ezekiel 9

We thank you Lord for your judgements. We acknowledge that you will judge the earth. We acknowledge your sovereign ways and power. We hope in your mercy and thank you for your salvation, in the name of Jesus. Amen!



I pray this time of fasting was a blessing for you! May the grace of God be with you in the name of Jesus.

God bless you and your family! Amen!