



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Part 6: Body

1. Now that you're a believer in Christ, your physical body belongs to Him:

- True
- False

2. Read Matthew 10:29-31. How does this scripture make you feel? Does God care about your body?

---

---

---

3. Read Psalm 56:8 and 2 Corinthians 12:9. How do these scriptures make you feel? What have you learned about God? Take some time to discuss these three points:

- Jesus documents every tear you've ever cried.
- Jesus bottles all of your tears.
- Jesus power is strongest in your life when you are weak.



4. Your body is God's:

- Playground
- Kingdom
- Temple
- All of the above

5. You must honor God with your body:

- True
- False

6. Define sin:

---

---

7. Define repent:

---

---

8. Jesus loves you and wants to live in you:

- True
- False



**Bonus Exercise:**

Do you have any sins in your life that you need to repent for? Take some time and ask the Lord to show you the things you do that are not right and could sever you from Him. Remember, God loves you. You were created with a purpose. Your purpose is to be His temple where He receives worship and His presence can rest and reside. He wants to be your Best Friend but you must choose to stop sinning. Now write out what your sins are, and pray over each area for the next 7 days using the prayer below. Find scriptures to help with your weaknesses and areas of sin. Remember these scriptures to help you do the right thing when you are tempted to do wrong or misbehave.

Sin and Weakness

Scripture to help

EX. Lying

EX. Proverbs 12:22

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

Heavenly Father,

In Jesus name, I repent for my sins (name each one). Lord show me the right way to live and please convict me when I do wrong. (Psalm 139:24) Point out anything in me that offends you, and lead me along the path of everlasting life. Wash away my sins and teach me the right way to live so you can be my very Best Friend and be glorified in my body. Amen.

